

## WELCOME ABOARD

**Yacht name:**  
**Description:**  
**Moored/docked at:**  
**Phone at location:**  
**Best access:**  
**Driving Directions:**

**Cell Phone:**  
**VHF Radio Monitor:**

### What to expect...about sailing

A sailboat is like a floating mini-condo...or like a motor home for the water, except that we use both engine and wind. It has everything we need to travel around to some of the most beautiful spots, anchoring in front of multi-million dollar homes or idyllic unspoiled places. But, it does have its limitations. In some respects, it's more like camping.

A sailboat does not have a lot of room, and it has little stowage space. So minimal gear is an absolute for everyone's comfort. One small soft duffle bag per person is the max. Do not bring hard luggage – it's hard to stow and it can hurt someone if it shifts underway. There is a hanging locker where you can hang a few items of clothing.

Fresh water is a major commodity. We do have two bathrooms (called "heads" on a boat) with hot and cold water for your comfort. Although we do carry a lot of water, it is still limited; short showers are fine but long showers are off limits. We shower ashore if facilities are available.

A sailboat is completely self-sustaining so we don't have a lot of power. Like in a car, we operate on battery power. We have radio and a CD player...no TV, no VCR/DVD, no computer, no microwave, and no internet. No hair dryers except for use while ashore. We have battery-powered 12 volt outlets like in a car, so it's possible to recharge cell phones while under way. Bring a book. We do have a generator to recharge the batteries and while it's running (for about an hour a day) you can use electronic and electrical stuff like hair dryers.

We have a kitchen (called a galley) with propane stove and oven, refrigeration, and sink, as well as an outdoor barbecue. We tend to cook fairly well and do have gourmet-like meals. If there's food you do not like, please let us know in advance. We eat most of our meals onboard, although we may go ashore for dinner if the venue permits.

We have three cabins that sleep two people each. The center cabin, which serves as the living room/dining room, can sleep an additional three people – on the settees so there is not much privacy. Six is ideal for overnight. More can be comfortable for day sails. We can also string a hammock on deck for warm nights. There is no AC underway...only cooling ocean breezes. There is no heat...only blankets and sleeping bags.

You can get burned very quickly by the sun and the wind, and although we usually have plenty of sunscreens and lotions, it helps if you bring your favorites along. If you think you might get seasick, bring your favorite anti seasickness remedy or let us know so we can make sure we have extra medicine onboard.

We are very good instructors. If you want to learn, we'll be more than glad to teach. We're very calm and patient. There's no yelling (unless someone does something really stupid like fall overboard). We want you to like it. But we'll understand if you choose to just come along for the ride. We sail on Long Island Sound in relatively protected waters. If someone needs to reach you, they can call via cell phone or VHF radio.

### **What to bring...in one soft-sided bag**

It's best to bring things that can dry quickly, like fleece, in case it gets wet during a dinghy ride or a rain shower. Layering is good. It can get progressively warmer and colder, and it's most comfortable to deal with one layer at a time. Evenings can get much chillier than on land. **This is for a two-day weekend and includes what you are already wearing, so if you're wearing one pair of pants pack one extra in the bag. Adjust quantity for longer times aboard.**

Light soled shoes that have a good gripping bottom (boat shoes or running shoes are OK)

2 pairs of shorts

2 pairs of long pants

2 long-sleeved shirts

2 short-sleeved shirts

2 pairs of underwear

1 bathing suit

1 sweater or fleece (best)

1 waterproof jacket (and pants if you have them)

1 pajama

1 pair long johns (if cold weather is expected)

2 pairs of socks

1 hat

sunscreen

lotion

overnight stuff (toothbrush, etc)

Dress is usually "smart casual" but if we are visiting a yacht club or going out to a nice dinner, men may be required to wear a jacket and tie, or at minimal a collared shirt. Women are generally fine in slacks or a skirt and nice blouse (not T shirt).

We go ashore when we are anchored out by dinghy. It's an inflatable with a small engine and you are likely to get wet. Plan accordingly with a jacket and a dry bag for anything you don't want getting wet.

We have linens, blankets and pillows. We also have life jackets. Please bring your own towel. Thin towels are best because they dry fast. Call us if you have any questions at all.

**Can't wait to see you!**